



JAMDAGNI PUBLIC SCHOOL

A Report on SDRF Training Programme



Today Date: 11/09/2026, a Disaster Management Training Programme was organized in our school by the SDRF, also known as the State Disaster Response Force. The SDRF team was warmly welcomed by our Academic Coordinator Sir, Mr. Rajendra Sharma, on behalf of the school. The programme was conducted under the guidance of **Mr. Deepak Mehta, Additional SI (Team In-charge)**, along with his team members: **Constable Pradeep Kumar, Technician Ankit Pal, Paramedic Anuj Kumar, Home Guard Ankit Sharma, Home Guard Sharad Pawar.**

The SDRF team demonstrated various rescue and emergency response techniques and provided valuable guidance to the students and teachers present at the programme. They explained how to respond calmly and psychologically during different types of disasters and accidents, and how to safely rescue people trapped in difficult situations and move them to a safe place.

The team demonstrated various rescue methods, including:

Rescue by one person, Rescue by two persons, Underfoot method, Other basic rescue techniques.

The team also explained the procedures to be followed when a person is trapped in deep or fast-flowing water. Various rescue and emergency techniques were discussed and demonstrated, such as:

Direct pressure, Rope rescue techniques, Tourniquet application, Other emergency rescue procedures

After explaining these techniques, the team also provided information about first aid for injured persons and emphasized the importance of seeking immediate medical assistance and contacting the 108 Ambulance Service during emergencies.

Conclusion

The SDRF team provided valuable information and practical demonstrations regarding disaster management, rescue operations, first aid, and safety measures. The programme was highly informative and useful for both students and teachers. It helped everyone understand how to remain calm, act responsibly, and take appropriate safety measures during an emergency or disaster.



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